

Dear Cheerleading Team Managers / Leaders:

ICU World Cheerleading Championships & 3rd Cheerleading World Cup 2025

Organizer: International Cheer Union (ICU)

Dates: April 23-28, 2025, & April 26-28, 2025

Venue: ESPN Wide World of Sports Complex, Orlando, Florida, USA

The ICU Junior & World Cheerleading Championships & the 3rd Cheerleading World Cup is one of the most prestigious international cheerleading competitions, attracting teams from various countries and regions. Participating in such a high-level open competition allows athletes to compete, observe, and exchange experiences with top-tier cheerleading teams worldwide, bringing immense benefits to the participating athletes.

The Cheerleading Federation of Hong Kong China (CFHK) has been invited by the International Cheer Union (ICU) to nominate teams for participation. Your team has demonstrated outstanding performance in various competitions organized by CFHK and has met the qualifications for recommendation. Therefore, we sincerely invite your team to participate in the aforementioned event. Please refer to the attached documents for detailed competition information::

Annex 1: Itinerary, Participation Requirements, and Fees

Annex 2: Uniform Requirements

Annex 3: Registration Methods and Procedures

For any inquiries, please contact us via WhatsApp group (for teams), email cfhkcheer007@gmail.com, or phone 2527 9288.

Secretariat

Cheerleading Federation of Hong Kong China

February 4, 2025



Annex 1

Itinerary, Participation Requirements, and Fees

Days	Itinerary	Fee
Option A 5 Days, 4 Nights ICU Junior & World Cheerleading Championships	April 21 (Mon) Depart for the USA / Arrival	\$34,000 (based on twin-sharing room)
	April 22 (Tue) Rehearsal	
	April 23 (Wed) 1. Opening Ceremony & Welcome Reception 2. Junior & World Cheerleading Championships – Preliminary Round 3. VIP Banquet & Athlete Cultural Exchange	
	April 24 (Thu) 1. Junior & World Cheerleading Championships – Dance Division Semifinals 2. Junior & World Cheerleading Championships – Competition Finals & Awards Ceremony	
	April 25 (Fri) 1. Junior & World Cheerleading Championships – Dance & Competition Finals & Awards Ceremony 2. Closing Ceremony	
	April 26 (Sat) Depart for Hong Kong	
Option B 5 Days, 4 Nights The 3rd Cheerleading World Cup	April 25 (Fri) Depart for the USA / Arrival	\$34,000 (based on twin-sharing room)
	April 26 (Sat) 1. Cheerleading World Cup – Open Practice for Teams 2. Cheerleading World Cup – Semifinals (Schedule TBD)	
	April 27 (Sun) 1. Cheerleading World Cup – Semifinals (Schedule TBD) 2. Cheerleading World Cup – Finals (Schedule TBD)	
	April 28 (Mon) 1. Cheerleading World Cup – Finals & Awards Ceremony 2. World Championship Week Grand Celebration	
	April 29 (Tue) Depart for Hong Kong	

Annex 1

- 1. Accommodation :** Disney World's ESPN Wide World of Sports® Complex in Orlando USA
(Note: For teams with an odd number of members, rooming will be arranged by CFHK. Additional fees may apply for single rooms.)
- 2. Age Requirement :** 12 years or older
(Must hold a Hong Kong Identity Card or a valid passport with at least 6 months of validity)
- 3. Event Categories :** Teams may participate in various divisions based on age group and skill level. Each athlete may compete in multiple categories as long as they meet ICU's eligibility requirements for each division. For regulations regarding participation in multiple events, please refer to the ICU guidelines. Our federation will determine the final eligibility of local teams based on their past performance.

** If you have any questions, please contact us directly.
- 4. Participation Fees :**
 - 4.1 The participation fee includes: Round-trip airfare, airport transfers in the USA, transportation between hotel and competition venue, accommodation, three meals per day, travel insurance, Hong Kong team uniforms and competition attire.
 - 4.2 If airfare and exchange rates increase significantly, fees may be adjusted accordingly. Participants are encouraged to confirm their registration as early as possible to avoid price increases.
 - 4.3 Team leaders, coaches, and chaperones are responsible for managing their team's arrangements during the trip. CFHK will assist with logistics and provide further details on the competition schedule.

Uniform Requirements

All participating teams and accompanying personnel must wear designated CFHK representative uniforms at all official competition-related events or activities.

CFHK Official Uniforms: Jackets (for team managers, coaches and athletes)




街衣尺寸表

(a) 胸圍: 袂底落一寸度, 由前幅左面骨位至右面骨位
(b) 衫長: 由肩頂尖位靠近羅紋領度至衫腳
(c) 袖長: 由後領中度至袖口

* 全部尺寸以英寸為單位
* 最多會有5%之相差

	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) 胸圍	14	15	16	17	18	18	20	21	22	23	24	25
(b) 衫長	18	19	20	21	22	24	25.5	27	28.5	30	31	32
(c) 袖長	26	27	28	29	30	30	31	32	33	34	35	36



Sweater Measurement

(a) Chest Width - 1" under the armhole, from the left seam to the right seam of the body of the shirt
(b) Length of Shirt - from the top corner point near the neck rib to the bottom of the shirt
(c) Length of Sleeve - from the center back of the neck to the sleeve opening

* All measurements are in inch.
* 5% tolerance should be accepted.

	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) Chest Width	14	15	16	17	18	18	20	21	22	23	24	25
(b) Length of Shirt	18	19	20	21	22	24	25.5	27	28.5	30	31	32
(c) Length of Sleeve	26	27	28	29	30	30	31	32	33	34	35	36



CFHK Official Uniforms: Tops (for athletes)




T恤尺寸表

(a) 胸圍: 袂底落一寸度, 由前幅左面骨位至右面骨位
(b) 衫長: 由肩頂尖位靠近羅紋領度至衫腳

* 全部尺寸以英寸為單位
* 最多會有5%之相差

	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) 胸圍	13.5	14.5	15.5	16.5	17.5	18.5	19.5	20.5	21.5	22.5	23.5	24.5
(b) 衫長	18.75	20	21.25	22.5	23.75	25	26.25	27.5	28.75	30	31.25	32.5



T-shirt Measurement

(a) Chest Width - 1" under the armhole, from the left seam to the right seam of the body of the shirt
(b) Length of Shirt - from the top corner point near the neck rib to the bottom of the shirt

* All measurements are in inch.
* 5% tolerance should be accepted.

	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) Chest Width	13.5	14.5	15.5	16.5	17.5	18.5	19.5	20.5	21.5	22.5	23.5	24.5
(b) Length of Shirt	18.75	20	21.25	22.5	23.75	25	26.25	27.5	28.75	30	31.25	32.5



Annex 2

Uniform Requirements

CFHK Official Uniforms: Tops (for team managers and coaches)

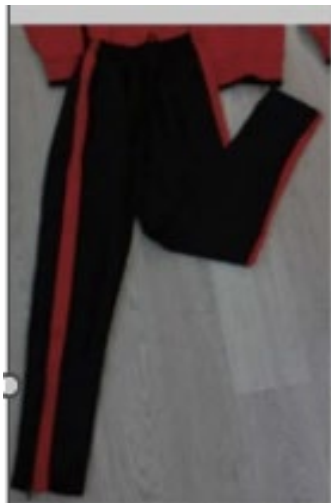


▶ 尺码表/SIZE 单位: CM

码数	S	M	L	XL	2XL	3XL	4XL
胸围	46	48	50	52	54	56	58
衣长	62	64	68	70	72	74	76
肩宽	40	42	44	46	48	50	52
袖长	18.4	19.2	20	20.8	21.6	22.4	23.2
建议身高	160 左右	165 左右	170 左右	175 左右	180 左右	185 左右	190 左右

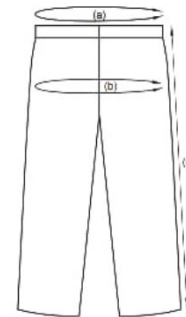
压线车口存在1-2CM误差

CFHK Official Uniforms: Long Pants (for team managers, coaches and athletes)



棉質長褲尺寸表

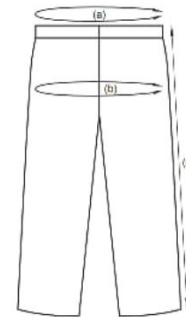
- (a) 腰圍: (最少值) 放平褲頭放鬆度再乘二
(最大值) 拉盡褲頭平度再乘二
 - (b) 坐圍: 臀位拉平度再乘二
 - (c) 褲長: 由褲頭邊位度至褲腳
- * 全部尺寸以英寸為單位
* 最多會有5%之相差



	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) 腰圍	18.5-28.5	19.5-30	20.5-31.5	21.5-33	22.5-34	23-35	24.5-37	25.5-38.5	26.5-40	28-42	29.5-43.5	30.5-45
(b) 坐圍	29.5	31	32.5	34	35.5	36	38	40	42	44	46	48
(c) 褲長	26.25	28.5	30.75	33	34.5	36	37.5	39	40.5	42	43.5	45

Pants Measurement

- (a) Waist - (min) the circumference of the waist when it is released
(max) the circumference of the waist when it is stretched
 - (b) Hip - the circumference of the hip
 - (c) Length - from the edges of waist to the bottom
- * All measurements are in inch.
* 5% tolerance should be accepted.



	2	3	4	5	6	2XS	XS	S	M	L	XL	2XL
(a) Waist	18.5-28.5	19.5-30	20.5-31.5	21.5-33	22.5-34	23-35	24.5-37	25.5-38.5	26.5-40	28-42	29.5-43.5	30.5-45
(b) Hip	29.5	31	32.5	34	35.5	36	38	40	42	44	46	48
(c) Length	26.25	28.5	30.75	33	34.5	36	37.5	39	40.5	42	43.5	45

Competition attire will be announced later. Teams should prepare size measurements in advance, including height, weight, chest circumference, waist circumference, and arm circumference.

Annex 3

Registration Methods & Procedures

Required Documents	Submission Deadline
Confirm registration via official organization/team manager email	28/2/2025
<p>Doc_01: Submit an Excel sheet with the following details for visa application (assisted by ICU)</p> <ul style="list-style-type: none"> A. Full names (as they appear in their passports) for the team delegation B. Each person's role on the team (athlete, coach, assistant coach, team assistant, etc.) C. Each person's gender D. Each person's date of birth (day/month/year) E. The team(s)'s proposed dates of travel <p>If documents are submitted late, applicants will need to apply for a U.S. entry visa independently. (The International Cheer Union does not guarantee visa approval.)</p>	28/2/2025
<p>Doc_12: Official uniform & competition attire size form (provided after registration)</p>	7/3/2025
<p>Watch the ICU Sportsmanship Video Performance Cheer: https://player.vimeo.com/video/812857177?badge= Cheerleading: https://player.vimeo.com/video/815664891?badge=0</p>	20/3/2025
<p>Doc_01: Submit full team roster in Excel Doc_02: CFHK Participation Agreement (for all team members, including managers, coaches, and athletes) Doc_03: ICU Agreement of Compliance (one per team) Doc_04: ICU Liability Release and Waiver Form (for all team members, including managers, coaches, and athletes) Doc_05: ICU International Music Clearance Certificate (one per team) Doc_06: ICU Rules & Regulations Agreement (one per team) (Choose the appropriate form based on participation category (Cheerleading or Performance Cheer) Doc_07: Rooming List (one per team) Doc_08: Crossover Information (only for those competing in multiple divisions; not required if only entering one event) Doc_09: ICU_Coach Lanyard ONLY (one per team) (for coaches only) Doc_10: Passport-Style photo (for managers and coaches only) Doc_10: Hong Kong Identify Card copy (for managers and coaches only)</p>	24/3/2025
<p>Payment of participation fee 銀行名稱 Bank Name : 中國銀行 Bank of China (Hong Kong) Limited 戶口名稱 Account Name : 中國香港啦啦隊總會有限公司 Cheerleading Federation of Hong Kong China Limited 戶口號碼 Account No. : 012-790-2-006178-2 轉數快識別碼 / FPS ID : 109321430</p>	4/4/2025
Doc_11: Submit a team photo in full CFHK uniform	12/4/2025

All required documents must be submitted via email to cfhkcheer007@gmail.com before the respective deadlines.